Fibrowhyalgia: Why Rebuilding the Ten Root Causes of Chronic Illness Restores Chronic Wellness (Paperback)



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Reviews

Just no terms to describe. This is for those who statte that there was not a worth studying. I am just easily can get a enjoyment of studying a written ebook.

(Deshawn Roob)

FIBROWHYALGIA: WHY REBUILDING THE TEN ROOT CAUSES OF CHRONIC ILLNESS RESTORES CHRONIC WELLNESS (PAPERBACK)



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Norsehorse Press, United States, 2010. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.REVIEWS: A practical resource guide valuable principles. -- Dr. Joseph Mercola, Founder, world s most visited natural health site, Hoffman Estates, Illinois. I love the author s determination, wit, and resilience to find answers to heal herself despite a medical system that provides little hope. -- C. Jessie Jones, PhD, professor, Health Science, director, Fibromyalgia Research and Education Center, California State University, Fullerton. I consider FibroWHYalgia a first-aid kit for anyone dealing with long-term health issues. -- Diane Wendell, ND, CNM, nutritionist, Tustin, California. Like a roadmap, FibroWHYalgia points the way toward healing for both the newly diagnosed and the long-term chronic illness patient. -- Timothy Noble, DC, DACBSP, CSCS, Anaheim Hills, California. If you re ready for a change, this is the book for you. --Dannette Mason Rusnak, Founder, FibroHaven Support Foundation, Carlsbad, California. Susan Ingebretson s humor and insight make FibroWHYalgia a page turner and a delight to read. This book is for everyone those with ailments and those interested in preventing them. -- Linda Miner, RNC, CHN, RSNA, CMTA, nutritional expert, British Columbia, Canada. If you re sick and tired of being sick and tired, the upbeat suggestions in this book will provide the encouragement needed to seek positive change. -- Mollie Marti, PhD, JD, performance psychologist, Cedar Rapids, Iowa. FibroWHYalgia, written in a humorous and friendly style, is an easy-to-read, non-technical guide filled with tips and ideas on how to maintain a healthy lifestyle. -- Irina Wardas, CHHC, holistic health and wellness practitioner, Carlsbad, California. DESCRIPTION: When Susan Ingebretson found her health spiraling out of control, she wanted to know why. Her tenacious research into the causes of chronic illness led her...

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