

## How Not to Turn into Your Mother



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### ***Reviews***

*This book may be worth purchasing. I was able to comprehend every thing using this published e publication. I am happy to let you know that this is the very best ebook i have got read inside my very own daily life and could be he finest ebook for actually.*

***(Rhoda Durgan PhD)***

## HOW NOT TO TURN INTO YOUR MOTHER



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Andrews McMeel Publishing. Paperback. Book Condition: new. BRAND NEW, How Not to Turn into Your Mother, Linda Sunshine, Every time I yell at my kids, my mother's voice comes out." --Kelly Ripa "How Not to Turn into Your Mother" is an uproarious view of the mother-daughter relationship, featuring "What Not to Do!" "A Defense Manual for Daughters," and "Alternative Solutions If You've Already Turned into Your Mother." How many times do I have to tell you . . . How many times have you caught yourself saying or doing the exact same thing your mother said/did (you know, the thing you swore you'd never say/do)? It's something you try to avoid your whole life-turning into your mother. Have you ever looked into the mirror and found your mother (or worse, her body) staring back at you? This tongue-in-cheek book offers hilarious advice and tips on how to avoid the snare of actually becoming her. And it's not too late; it even contains a special section if you've already turned into her. Chapters such as "Can Mom Read Your Mind? Yes! And Here's How She Does It!" "Seeking Self-Help: Stop Mothering Yourself," and even "The Benefits of Sulking" are all included. "How Not to Turn into Your Mother" also features the "Power Struggles Between Mommy and You" chart, which follows the stages of development in your relationship from prenatal to old age, as well as a sample mother-daughter contract (should you need to go that far).



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