

The Good-to-Go Cookbook



Filesize: 7.98 MB

Reviews

Completely one of the best publication I have actually read. Indeed, it is perform, nonetheless an interesting and amazing literature. Your lifestyle span will likely be transform when you complete reading this book.

(Mrs. Agustina Kemmer V)

THE GOOD-TO-GO COOKBOOK



Storey Publishing LLC. Paperback. Book Condition: new. BRAND NEW, The Good-to-Go Cookbook, Kathleen Cannata Hanna, As busy schedules cut into food preparation time of families with active teenagers, takeout pizzas and Pop-tart breakfasts become the norm. But Pop-Tarts fall pretty short in the nutrition category. Fresh fruit smoothies, yogurt parfaits, homemade granolas, and breakfast sandwiches all provide a better start to the day, but how to fit more nutritious choices into hectic daily routines? Kathleen Cannata Hanna responds to the challenge of keeping teenagers healthy, fit, and full with 300 economical recipes that are both easy to make and fun to eat. She offers 15 minute dinners and satisfying pastas for the busiest evenings and 30 minute dinners and family suppers for slightly more relaxed weeknights and weekends. Hanna knows that feeding teenagers involves more than serving dinnertime meals. There are grab and go breakfasts to be eaten on the bus, packed lunches, after school snacks and after dinner treats for the kids and any friends that might be in the house too. The appealing recipes in "The Good-To-Go Cookbook" steer teens away from junk food and toward good-for-you alternatives. With "The Good-To-Go Cookbook" in the kitchen it's possible to feed the entire family quickly and well and still arrive at every sports event and ballet show on time.



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HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

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Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

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Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How...

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Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to

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The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she

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Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in.Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead.

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Kingfisher Readers: What Animals Eat (Level 2: Beginning to Read Alone) (Unabridged)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: What Animals Eat (Level 2: Beginning to Read Alone) (Unabridged), Brenda Stone, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to

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The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to

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