



# Honey

By Helen Sudell

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Honey, Helen Sudell, This is a Book of Recipes. It features 30 deliciously sweet and fragrant honey recipes. It is a concise introduction provides a guide to the different types of honey, its culinary uses and health-giving properties. It includes delectable dishes from sweet bakes such as Honey Spiced Cake and Almond and Honey Cookies, and irresistible desserts such as Lavender and Honey Ice Cream and Figs Baked in Honey, to rich main meals like Honey-coated Duck, Honeyed Salmon Fillets and Chilli and Honey-cured Beef. It features tasty appetizers and snacks, filling side dishes, fish and meat meals, plus exciting cakes and breads. Each recipe has a full nutritional breakdown to help with dietary planning. Honey is appreciated all over the world for its ambrosial sweetness, energy-giving buzz and the comfort it provides when added to a wide range of traditional dishes. It comes in many guises: clear, set, creamed, cut comb and whole honeycomb, but the taste is always fabulous. This charming book celebrates the sweetness of honey in all its forms. In the first chapter, Snacks and Side Dishes, honey adds its distinctive taste to chutneys, glazes and dressings. Next are...



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