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COACH YOUR OWN LIFE: BREAK DOWN THE BARRIERS TO SUCCESS



Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Coach Your Own Life: Break Down the Barriers to Success, Jeff Archer, Are you looking to improve your professional and personal performance? Do your goals and ambitions need an overhaul - or a complete rethink? This updated new edition of a dynamic and motivating guide will give you the resources and toolkit to coach yourself to an improved and enhanced performance in all areas of your life. Covering everything...

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- Authored by Jeff Archer
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