



Chakra Energy Massage: Spiritual Evolution into the Subconscious Through Activation of the Energy Points of the Feet

By Marianne Uhl

New Age Books/Motilal Banarsidass Publishers Pvt. Ltd, New Delhi, India, 2000. Paperback. Book Condition: New. Dust Jacket Condition: New. Reprint. This book guides you into the fascinating world of the energy body. Drawing on the knowledge gained by Foot Reflexology Massage, it introduces you to the Chakra Energy Massage, by which the individual energy centres of the human body can be activated. By means of the fine energy channels connecting them to the body's organs and energy centres, our feet reflect our physical and psychic condition. The author enables you to quickly acquire all the basic knowledge needed for foot Reflexology Massage and Chakra Energy Massage. Printed Pages: 120.



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