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Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Calmer Easier Happier Screen-Time Habits: A Parent's Guide to Staying in Charge of Technology from Toddlers to Teens, Noel Janis-Norton, Do you constantly find yourself battling to stop your kids spending hours in front of a screen? Whether it's a tv, an ipad, a pc or a playstation children are spending more and more time absorbed in the digital world and for most parents it's a cause for concern....

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