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Reviews

This pdf is indeed gripping and exciting. it was writtern quite completely and valuable. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Kurtis Parisian)

GENERATING JOY: RELEASE THE STRUGGLE, EMBRACE THE MYSTERY: HOLISTIC TOOLS FOR LIVING YOUR MOST EMPOWERED LIFE (PAPERBACK)

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Createspace, United States, 2011. Paperback. Book Condition: New. 198 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Do you feel like you ve handled survival and are now ready to engage your deeper passions and flourish in your life? As you awaken from the belief that life is a struggle and you begin to feel that deep inner hunger for more joy and passion, of opening up to possibilities and opportunities, there are shifts within you that must happen. This takes courage, commitment, a good sense of humor, a few tears and a vision, your north star, to keep you on course. Whether you read this book cover to cover or in a random fashion, you will find tools, questions, resources and musings to help you: Awaken Within - Move beyond the pain, the confusion and the stuck places in your life towards knowing yourself better; your needs and desires, your dreams and intentions. Know thyself. Generate Connection - First with self, then with life for you must connect within to weather the storms of life guiding you towards greater wholeness. Change is inevitable so take charge of the direction you want it to go. Connection, not separation, is the key. Find Your Unique Flavor of Brilliance - Tap into your individuality to uncover, recover and discover more of who you are. Learn to stand in your core strength and connect with life from THAT place. Blossom into the More That You Know You Are - Standing in your core strength with the wisdom of your experiences, skills and talents is a joyful and powerful place to create from. Take a stand to be yourself and to share your unique gifts with the world! You are so much more than you can possible imagine. Take...



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